

# What is the “Fit Forest”?



The Fit Forest is a multi-faceted, educational campaign meant to inspire everyone to “go for the green” and grow a healthy, safe community forest in Elgin today, tomorrow, and for generations to come.

The City of Elgin wants citizens, businesses, and visitors to embrace the theme of the campaign by “working out” together to grow a *Fit Forest* by:

- \*Trimming the branches**
- \*Toning the trees**
- \*Powering the planting**
- \*Running the waters**
- \*Exercising the ecosystem**
- \*Fortifying the future**

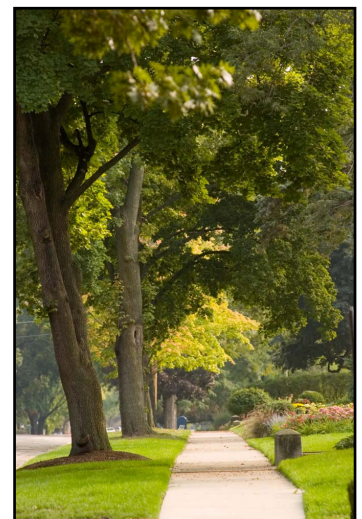
Stemming from American Recovery and Investment Act of 2009 funding, Elgin’s *Fit Forest* campaign provides tree education and tools to preserve and improve the health and safety of the trees in our community through:

- \*Tree maintenance**
- \*Tree risk reduction**
- \*Tree planting**
- \*Maximizing tree benefits (air/water quality, energy use reduction, property value increases, carbon storage, storm water control)**
- \*Controlling invasive pests and diseases**
- \*Reusing and recycling wood waste**
- \*Improving the ecosystem**

As part of the Fit Forest campaign, special events will be held and City officials will reward residents and businesses for their green efforts by presenting certificates of merit and Fit Forest gold medals to wear or display proudly on their trees.

Everyone is encouraged to get moving and be part of the greening of Elgin by picking up tools and tree care and planting information at the *Fit Forest* website, from the Public Works Department, or at special events.

Go to [www.cityofelgin.org/trees](http://www.cityofelgin.org/trees) for free tree information and other great resources.



Contact: City of Elgin Forestry Division of Public Works ■ 847-931-6069 ■ [elginpw@cityofelgin.org](mailto:elginpw@cityofelgin.org)

The Fit Forest is a collaboration to grow a healthy community forest in Elgin today, tomorrow and for generations to come.